



III MI DZYNARODOWE GRAND PRIX WARMII I MAZUR W PŁYWANIU 8-9.12.2018 r.
OLSZTYN, 8 - 9-12-2018

Konkurencja 34

M czyzn, 400m dowolny

11 lat i starsi

2018-12-09 - 15:05

Wyniki

Rekord PL Open	3:37.57	Wojdak Wojciech	01006	Netanya (ISR)	2015-12-02
Rekord PL 19 +	3:37.57	Wojdak Wojciech	01006	Netanya (ISR)	2015-12-02
Rekord PL 18	3:41.69	Wojdak Wojciech	01006	Ostrowiec Sw	2014-12-18
Rekord PL 17	3:45.26	Wojdak Wojciech	01006	Ostrowiec Sw	2013-12-19
Rekord PL 16	3:47.70	Wojdak Wojciech	03106	Ostrowiec Sw.	2012-12-19
Rekord PL 15	3:50.76	Młynarczyk Karol	05114	Lublin	2015-12-17
Rekord PL 14	3:57.40	Daszkiewicz Michał	01006	Oswiecim	2017-12-23
Rekord PL 13	4:07.29	Chmielewski Krzysztof	05614	Lublin	2017-12-09
Rekord PL 12	4:24.82	Mienicki Rafał	04114	Olsztyn	2018-11-24
Rekord PL - 11	4:46.14	Chmielewski Krzysztof	05614	Raszyn	2015-11-19

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. Ciechanowski Stanisław	07	4:54.26	375
50m: 32.20 32.20	150m: 1:46.59 37.63	250m: 3:01.96 37.50	350m: 4:17.87 37.87
100m: 1:08.96 36.76	200m: 2:24.46 37.87	300m: 3:40.00 38.04	400m: 4:54.26 36.39
2. Kozłowski Iwo	07	5:08.58	325
50m: 34.93 34.93	150m: 1:52.91 39.29	250m: 3:12.40 39.91	350m: 4:31.81 39.37
100m: 1:13.62 38.69	200m: 2:32.49 39.58	300m: 3:52.44 40.04	400m: 5:08.58 36.77
3. Antosik Kacper	07	5:13.92	309
50m: 34.50 34.50	150m: 1:54.20 40.51	250m: 3:15.25 40.11	350m: 4:35.47 40.40
100m: 1:13.69 39.19	200m: 2:35.14 40.94	300m: 3:55.07 39.82	400m: 5:13.92 38.45
4. Cur Kacper	07	5:14.99	305
50m: 34.59 34.59	150m: 1:53.62 40.21	250m: 3:14.48 41.10	350m: 4:35.59 40.72
100m: 1:13.41 38.82	200m: 2:33.38 39.76	300m: 3:54.87 40.39	400m: 5:14.99 39.40
5. Jarczewski Jan	07	5:19.97	291
50m: 36.14 36.14	150m: 1:58.19 41.07	250m: 3:20.93 41.21	350m: 4:40.84 39.85
100m: 1:17.12 40.98	200m: 2:39.72 41.53	300m: 4:00.99 40.06	400m: 5:19.97 39.13
6. Chmielewski Franciszek	07	5:20.19	291
50m: 35.87 35.87	150m: 1:58.21 41.36	250m: 3:20.52 40.98	350m: 4:41.09 39.94
100m: 1:16.85 40.98	200m: 2:39.54 41.33	300m: 4:01.15 40.63	400m: 5:20.19 39.10
7. Kulesza Jakub	07	5:25.86	276
50m: 36.81 36.81	150m: 2:00.19 41.95	250m: 3:23.57 41.63	350m: 4:47.20 41.71
100m: 1:18.24 41.43	200m: 2:41.94 41.75	300m: 4:05.49 41.92	400m: 5:25.86 38.66
8. Chmielewski Jan	07	5:36.61	250
50m: 37.10 37.10	150m: 2:01.83 42.73	250m: 3:27.71 42.94	350m: 4:55.17 43.91
100m: 1:19.10 42.00	200m: 2:44.77 42.94	300m: 4:11.26 43.55	400m: 5:36.61 41.44
9. Kusek Mateusz Piotr	07	5:42.04	238
50m: 37.69 37.69	150m: 2:04.35 43.95	250m: 3:33.90 44.89	350m: 5:02.69 44.39
100m: 1:20.40 42.71	200m: 2:49.01 44.66	300m: 4:18.30 44.40	400m: 5:42.04 39.35
10. Tokarewicz Igor	07	5:53.06	217
50m: 40.11 40.11	150m: 2:09.46 44.91	250m: 3:41.09 46.00	350m: 5:11.62 44.40
100m: 1:24.55 44.44	200m: 2:55.09 45.63	300m: 4:27.22 46.13	400m: 5:53.06 41.44
11. Szymczukiewicz Krzysztof	07	6:20.83	173
50m: 41.81 41.81	150m: 2:21.31 50.78	250m: 3:57.88 47.83	350m: 5:36.84 49.00
100m: 1:30.53 48.72	200m: 3:10.05 48.74	300m: 4:47.84 49.96	400m: 6:20.83 43.99
12. Balinowski Oskar	07	6:22.42	170
50m: 40.81 40.81	150m: 2:20.73 50.66	250m: 4:01.09 49.73	350m: 5:39.58 49.06
100m: 1:30.07 49.26	200m: 3:11.36 50.63	300m: 4:50.52 49.43	400m: 6:22.42 42.84



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Konkurencja 34, Chłopców, 400m dowolny, 11 lat

Pozycja	Rok ur.	Czas	Pkt.	
NIE UK. Kisielewski Jakub	07	UKS Gim92 URSYNÓW Warszawa	5:16.17	
50m: 41.21 41.21	150m: 2:15.08 47.28	250m: 3:47.24 44.44	350m:	
100m: 1:27.80 46.59	200m: 3:02.80 47.72	300m: 4:30.93 43.69	400m: 5:16.17	
12 lat				
1. Czarnota Kamil	06	MAL WOPR Malbork	4:55.74	369
50m: 33.37 33.37	150m: 1:47.93 37.80	250m: 3:03.18 37.67	350m: 4:18.89 38.11	
100m: 1:10.13 36.76	200m: 2:25.51 37.58	300m: 3:40.78 37.60	400m: 4:55.74 36.85	
2. Szymanek Jakub	06	UKS G-8 Bielany Warszawa	4:59.41	356
50m: 33.87 33.87	150m: 1:51.02 39.31	250m: 3:07.08 37.87	350m: 4:23.76 38.18	
100m: 1:11.71 37.84	200m: 2:29.21 38.19	300m: 3:45.58 38.50	400m: 4:59.41 35.65	
3. Popowych Kyrilo	06	UKS TRI-Team Rumia	4:59.65	355
50m: 33.77 33.77	150m: 1:49.82 38.22	250m: 3:06.90 38.74	350m: 4:23.53 38.07	
100m: 1:11.60 37.83	200m: 2:28.16 38.34	300m: 3:45.46 38.56	400m: 4:59.65 36.12	
4. Sinacki Filip	06	MTKP Delfin Toru	5:06.87	330
50m: 33.59 33.59	150m: 1:50.37 39.14	250m: 3:09.80 39.87	350m: 4:29.19 39.72	
100m: 1:11.23 37.64	200m: 2:29.93 39.56	300m: 3:49.47 39.67	400m: 5:06.87 37.68	
5. Borski Mikołaj	06	UKS TRI-Team Rumia	5:10.18	320
50m: 34.10 34.10	150m: 1:50.87 39.21	250m: 3:10.10 39.94	350m: 4:30.95 40.63	
100m: 1:11.66 37.56	200m: 2:30.16 39.29	300m: 3:50.32 40.22	400m: 5:10.18 39.23	
6. Bzymek Igor	06	Nowodworski OSiR	5:20.53	290
50m: 36.39 36.39	150m: 5:20.38 4:04.52	250m:	350m:	
100m: 1:15.86 39.47	200m:	300m:	400m: 5:20.53	
7. Szmajda Nikodem	06	MUKS Olimpijczyk Suwałki	5:34.17	256
50m: 37.23 37.23	150m: 2:01.56 42.82	250m: 3:28.26 42.88	350m: 4:53.95 42.29	
100m: 1:18.74 41.51	200m: 2:45.38 43.82	300m: 4:11.66 43.40	400m: 5:34.17 40.22	
8. Zalewski Mikołaj	06	Nowodworski OSiR	5:45.62	231
50m: 37.03 37.03	150m: 2:03.00 43.62	250m: 3:31.26 43.28	350m: 5:01.27 44.30	
100m: 1:19.38 42.35	200m: 2:47.98 44.98	300m: 4:16.97 45.71	400m: 5:45.62 44.35	
13 lat				
1. Płoszka Kacper	05	MKS Jedyńka Łódź	4:16.43	567
50m: 28.94 28.94	150m: 1:33.21 32.40	250m: 2:39.03 32.79	350m: 3:45.04 32.86	
100m: 1:00.81 31.87	200m: 2:06.24 33.03	300m: 3:12.18 33.15	400m: 4:16.43 31.39	
2. Arent Artur	05	MKS Jedyńka Łódź	4:25.00	513
50m: 31.45 31.45	150m: 1:39.21 34.38	250m: 2:45.58 33.04	350m: 3:52.57 33.77	
100m: 1:04.83 33.38	200m: 2:12.54 33.33	300m: 3:18.80 33.22	400m: 4:25.00 32.43	
3. Przybysz Krzysztof	05	UKS MOS Ełk	4:25.91	508
50m: 29.00 29.00	150m: 1:35.14 33.58	250m: 2:43.84 34.51	350m: 3:52.95 34.71	
100m: 1:01.56 32.56	200m: 2:09.33 34.19	300m: 3:18.24 34.40	400m: 4:25.91 32.96	
4. Pogoda Krzysztof	05	MKS Jedyńka Łódź	4:27.78	497
50m: 30.19 30.19	150m: 1:36.81 33.78	250m: 2:45.21 34.25	350m: 3:54.39 34.76	
100m: 1:03.03 32.84	200m: 2:10.96 34.15	300m: 3:19.63 34.42	400m: 4:27.78 33.39	
5. Domalewski Bartłomiej SOL	05	MTP Kormoran Olsztyn	4:28.33	494
50m: 30.29 30.29	150m: 1:38.85 34.32	250m: 2:47.74 34.52	350m: 3:56.33 34.05	
100m: 1:04.53 34.24	200m: 2:13.22 34.37	300m: 3:22.28 34.54	400m: 4:28.33 32.00	



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Konkurencja 34, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.
6.	Grapentyn Jakub			05	MAL WOPR Malbork				4:29.53	488
	50m: 31.05	31.05	150m: 1:38.22	33.94	250m: 2:47.38	34.57	350m: 3:56.83	34.70		
	100m: 1:04.28	33.23	200m: 2:12.81	34.59	300m: 3:22.13	34.75	400m: 4:29.53	32.70		
7.	Kucharczyk Paweł			05	UKP Polonia Warszawa				4:30.77	481
	50m: 30.87	30.87	150m: 1:38.18	34.22	250m: 2:46.87	33.98	350m: 3:57.09	35.46		
	100m: 1:03.96	33.09	200m: 2:12.89	34.71	300m: 3:21.63	34.76	400m: 4:30.77	33.68		
8.	Kosobudzki Cezary			05	UKS G-8 Bielany Warszawa				4:32.96	470
	50m: 30.81	30.81	150m: 1:39.35	34.58	250m: 2:49.13	34.63	350m: 3:58.84	34.76		
	100m: 1:04.77	33.96	200m: 2:14.50	35.15	300m: 3:24.08	34.95	400m: 4:32.96	34.12		
9.	Olewniczak Maciej			05	UKP Polonia Warszawa				4:36.24	453
	50m: 30.90	30.90	150m: 1:38.91	34.56	250m: 2:49.02	35.16	350m: 4:01.09	36.20		
	100m: 1:04.35	33.45	200m: 2:13.86	34.95	300m: 3:24.89	35.87	400m: 4:36.24	35.15		
10.	Szuter Maciej			05	UKS Gim92 URSYNÓW Warszawa				4:39.64	437
	50m: 31.04	31.04	150m: 1:41.32	35.52	250m: 2:52.82	36.01	350m: 4:04.94	36.06		
	100m: 1:05.80	34.76	200m: 2:16.81	35.49	300m: 3:28.88	36.06	400m: 4:39.64	34.70		
11.	Soorm Aleksandr			05	Tartu Swimmingclub				4:42.98	421
	50m: 30.64	30.64	150m: 1:40.32	35.80	250m: 2:53.52	36.92	350m: 4:06.57	35.72		
	100m: 1:04.52	33.88	200m: 2:16.60	36.28	300m: 3:30.85	37.33	400m: 4:42.98	36.41		
12.	Beta Szymon			05	UKS G-8 Bielany Warszawa				4:43.39	420
	50m: 31.54	31.54	150m: 1:44.04	36.55	250m: 2:57.15	36.70	350m: 4:09.65	36.10		
	100m: 1:07.49	35.95	200m: 2:20.45	36.41	300m: 3:33.55	36.40	400m: 4:43.39	33.74		
13.	Wo niak Piotr SOL			05	MTP Kormoran Olsztyn				4:45.19	412
	50m: 32.17	32.17	150m: 1:44.43	36.53	250m: 2:56.81	36.26	350m: 4:09.75	36.65		
	100m: 1:07.90	35.73	200m: 2:20.55	36.12	300m: 3:33.10	36.29	400m: 4:45.19	35.44		
14.	Jarczewski Franciszek			05	UKS 190 Łódź				4:45.24	412
	50m: 30.93	30.93	150m: 1:43.57	36.73	250m: 2:57.00	36.54	350m: 4:10.32	36.78		
	100m: 1:06.84	35.91	200m: 2:20.46	36.89	300m: 3:33.54	36.54	400m: 4:45.24	34.92		
15.	Zawadzki Marek			05	UKS G-8 Bielany Warszawa				4:50.58	389
	50m: 31.71	31.71	150m: 1:43.74	36.35	250m: 2:57.19	36.69	350m: 4:13.40	38.21		
	100m: 1:07.39	35.68	200m: 2:20.50	36.76	300m: 3:35.19	38.00	400m: 4:50.58	37.18		
16.	Szpara Maciej			05	UKS Krzywousty Nakło				4:58.41	359
	50m: 32.39	32.39	150m: 1:48.19	38.77	250m: 3:06.18	38.47	350m: 4:22.49	36.92		
	100m: 1:09.42	37.03	200m: 2:27.71	39.52	300m: 3:45.57	39.39	400m: 4:58.41	35.92		
17.	Truchan Patryk			05	MUKS Olimpijczyk Suwałki				5:04.47	338
	50m: 32.61	32.61	150m: 1:49.77	39.06	250m: 3:08.67	39.66	350m: 4:27.68	38.96		
	100m: 1:10.71	38.10	200m: 2:29.01	39.24	300m: 3:48.72	40.05	400m: 5:04.47	36.79		
18.	Politowski Filip			05	MTKP Delfin Toruń				5:14.25	308
	50m: 33.46	33.46	150m: 1:52.19	40.54	250m: 3:14.63	41.22	350m: 4:37.25	41.33		
	100m: 1:11.65	38.19	200m: 2:33.41	41.22	300m: 3:55.92	41.29	400m: 5:14.25	37.00		
19.	Brylowski Tomasz			05	UKS Ósemka Starogard Gdański				5:16.12	302
	50m: 35.43	35.43	150m: 1:55.54	40.64	250m: 3:17.53	41.24	350m: 4:38.93	40.30		
	100m: 1:14.90	39.47	200m: 2:36.29	40.75	300m: 3:58.63	41.10	400m: 5:16.12	37.19		
20.	Wieloch Igor			05	MUKS Olimpijczyk Suwałki				5:19.15	294
	50m: 39.34	39.34	150m: 2:11.34	47.28	250m: 3:46.11	48.11	350m: 5:04.47	40.30		
	100m: 1:24.06	44.72	200m: 2:58.00	46.66	300m: 5:19.03	1:32.92	400m: 5:19.15	40.22		
21.	Soboci ski Jakub			05	UKS MOS Ełk				5:22.64	284
	50m: 36.23	36.23	150m: 1:57.36	41.31	250m: 3:20.01	41.58	350m: 4:42.42	41.15		
	100m: 1:16.05	39.82	200m: 2:38.43	41.07	300m: 4:01.27	41.26	400m: 5:22.64	40.22		



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Pozycja			Rok ur.					Czas	Pkt.			
22.	Miller Hubert		05	MUKS Olimpijczyk Suwałki				5:25.50	277			
	50m:	36.09	36.09	150m:	1:59.60	41.95	250m:	3:23.45	42.09	350m:	4:47.27	41.80
	100m:	1:17.65	41.56	200m:	2:41.36	41.76	300m:	4:05.47	42.02	400m:	5:25.50	38.23
23.	Cegli ski Karol		05	Nowodworski OSiR				6:22.31	171			
	50m:	40.41	40.41	150m:	2:18.97	49.69	250m:	3:59.00	49.86	350m:	5:36.50	47.15
	100m:	1:29.28	48.87	200m:	3:09.14	50.17	300m:	4:49.35	50.35	400m:	6:22.31	45.81
24.	Bie kowski Miłosz		05	UKP Jedyńka Elbl g				6:24.83	167			
	50m:	42.24	42.24	150m:	2:19.97	48.74	250m:	4:00.29	49.54	350m:	5:31.51	40.52
	100m:	1:31.23	48.99	200m:	3:10.75	50.78	300m:	4:50.99	50.70	400m:	6:24.83	53.32

14 lat i starsi

1.	Paszkowski Konstanty		03	UKS Gim92 URSYNÓW Warszav				4:17.02	563			
	50m:	29.17	29.17	150m:	1:34.54	32.81	250m:	2:39.21	32.22	350m:	3:45.38	33.09
	100m:	1:01.73	32.56	200m:	2:06.99	32.45	300m:	3:12.29	33.08	400m:	4:17.02	31.64
2.	Ziembowicz Franciszek		04	UKS Gim92 URSYNÓW Warszav				4:25.70	509			
	50m:	29.70	29.70	150m:	1:36.30	33.80	250m:	2:44.35	33.83	350m:	3:52.84	34.32
	100m:	1:02.50	32.80	200m:	2:10.52	34.22	300m:	3:18.52	34.17	400m:	4:25.70	32.86